

SAVE YOURSIGHT

FIND OUT ABOUT WET AMD AND HOW TO SAVE YOUR SIGHT

Wet age-related macular degeneration (wet AMD) is an eye disease that can lead to blindness in just a few months if left untreated. It generally affects people aged 50 years and over. If you're able to recognize the symptoms of wet AMD, you can seek help from your optician/doctor and be treated.

What is wet AMD?

Wet AMD affects the part of the eye responsible for seeing straight ahead, leaving sufferers with only a small amount of peripheral vision. It is caused by the unusual growth of blood vessels, which leak blood and fluid into the back of the eye.

What are the symptoms of wet AMD?

In the early stages of wet AMD, you may notice that your vision appears blurry, or that edges of lines are wavy in one or both of your eyes. As the disease develops, a black spot can appear in the centre of your vision.

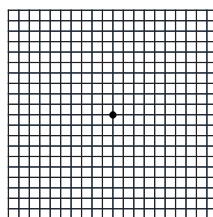
What is the impact of wet AMD?

Wet AMD significantly impacts people's lives; even daily activities, such as reading a book or cooking a meal, become difficult leaving them highly dependent on others.

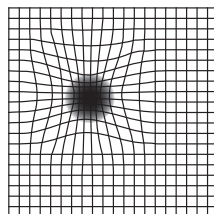
Where can I go for more information?

If you are worried that you may have wet AMD, it is important to visit your optician/doctor

visit: www.amd.ie



Use this 'Amsler grid' to check whether you may have wet AMD. Hold the grid at reading distance and whilst covering one eye at a time, focus on the dot in the centre. If you wear glasses, it is important that you wear them whilst doing the test.



If the lines on the grid appear wavy, broken or blurry you may have wet AMD. Taking the amsler grid test does not replace the need for regular eye assessments with your optician/doctor.

What treatments are available?

There are approved treatments available for wet AMD and in most cases, treatment can prevent further sight loss, and in some cases improve vision.

You can also contact:



**Working for People
with Sight Loss**

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www.ncbi.ie